

## CITY OF SAN BRUNO COMMUNITY SERVICES DEPARTMENT

## SAN BRUNO SENIOR CENTER

1555 Crystal Springs Road, San Bruno, CA 94066 -- 650-616-7150 Hours: 8:00am - 4:00pm -- Monday - Friday http://www.sanbruno.ca.gov

## September 2010

The Fall Adult Education Classes are now in session

Sept. 1st & Sept. 15th	WEDNESDAY - FREE MENS HAIRCUTS 2:45 - 4:45 pm (2010 - Senior Center Members)			
Sept. 3rd	FRIDAY - 9:30 am MOVIE: "Invictus" - Morgan Freeman and Matt Damon			
Sept. 6th	MONDAY - The Senior Center is CLOSED for Labor Day.			
Sept. 7th	TUESDAYS - 12:30 - 1:15 BEGINNING COUNTRY LINE DANCING with Kathy. Drop - In \$3 per class for residents/\$3.50 non-residents			
Sept. 8th	WEDNESDAY - 9:30 am FALL HORSESHOE LEAGUE begins. This league is free to 2010 Members and \$5.00 for non-members.			
Sept. 8th	WEDNESDAY - Wii BOWLING! 10:30 - Noon Open Play for everyone.			
Sept. 8th & Sept. 22nd	t. 22nd TWICE PER MONTH!			
Sept. 10th	FRIDAY - 1:30 pm Ping Pong open for everyone!			
Sept. 13th - Oct. 18th	MONDAYS 8:30 - 9:30 am - ARTHRITIS FOUNDATION EXERCISE PROGRAM with Kathy Schmidt, Certified Arthritis Exercise Facilitator. Pre-register for the six week class for \$18 or drop-in for \$5/class.			
Sept. 13th	MONDAY - Rosalie's <u>NEW</u> Tap & Jazz Schedule: 12:15 - 1:10 Advanced Tap; 1:15 - 1:55 Beginning Tap; 2:05 - 2:55 Jazz; 3:00 - 3:30 Want to Learn to Tap <u>NEW CLASS</u> ).			
Sept. 14th	TUESDAY 9 am - Noon ANNUAL HEALTH SCREENING by Mills Peninsula Health Services. Pre-registration required at the reception desk.			
Sept. 17th	FRIDAY ZUMBA FUN With Special Guest Instructor: JAIME MARTINEZ. 10 AM - Shake your body to a fusion of Latin & International music.			
Sept. 17th	FRIDAY - 11 am Sing Along - Favorite tunes with Diana and Jay.			
Sept. 17th, 20th & 21st	FRIDAY, MONDAY & TUESDAY - The Fall Bocce Leagues Begin on these dates. Pick up your schedules at the reception desk. Leagues free to 2010 Members \$5.00 per league for non-members.			
Sept. 20th	MONDAY - 1 - 2 pm SPEAKER: Robert Noel from Guittard Chocolate Company will discuss the background of the company, the chocolate making process and end with a chocolate tasting. Pre-register at the reception desk - limited to 25 people.			
Sept. 22nd	WEDNESDAY - Wii BOWLING! 10:30 - Noon Open Play for everyone.			
Sept. 24th	FRIDAY - 10:30 am - 1 pm Annual Senior Center Talent Show! Cheer on the talent and stay for lunch. Recommended donation \$5 advance; \$6.50 at the door.			
Sept. 24th	FRIDAY - 1:30 pm Ping Pong open for everyone!			
Sept. 29th	WEDNESDAY - 10:30 am - A Volunteer and some cats from the "HOMELESS CAT NETWORK" will be here to visit. Learn about this foster cat program.			
	COMING IN COTODED 2042			